



The Body Playgroup Activities 6-12 years old



Step 1 – Watch, listen & read the lesson

- My First Chinese Words CDRom lesson 13
- Fun Chinese Level I Lesson 13
- My First Chinese Words Audio CD lesson 13
- My First Chinese Words Books “What is in there”
- My First Chinese Reader Lesson 15

Step 2 – Prepare your supplies

- Colored pencils or markers
- Construction paper
- Scissors
- Glue
- Lunch size paper bag
- Wiggle eyes
- Yarn for hair
- Butcher size rolled paper or white wrapping paper

Step 3 – Activities

1. Make an outline of your child on a large roll of butcher paper – decorate the “my body outline” with eyes, a mouth, nose, ears, draw on clothing, shoes, and add yarn hair if you want. Practice talking about each body part and piece of clothing as you add it. Display your child’s life size self-portrait and talk about it each time you pass by.
2. Make people puppets out of paper bags using the bottom of the bag as the mouth. Decorate with hair, hands, feet, legs, and a face. Put on a puppet show featuring the puppet – re-enact the book and “find” each part of the puppet’s body. Another alternative is to make puppets out of Popsicle sticks or paper plates.
3. Make a page in your scrapbook to talk about the body.
 - 我的两手排排排 Wo3de liang2 shou3 pai1 pai pai
 - 我的两脚跳跳跳 Wo3 de liang2 jiao3 tiao4 tiao tiao,
 - 右脚先, 左脚后 You2 jiao3 xian1, zuo2 jiao3 hou1
 - 转来转去跳跳舞 Zhuan4 lai2 zhuan2 qu4 tiao4 tiao4 wu3.



- My 2 hands clap clap clap, my 2 feet jump jump jump, right foot first, left foot next, dance around.
4. Practice “burying” a doll or action figure under a blanket and “find” him or her one part at a time.
 5. Sing the Frog Song from My First Chinese Exercises & Fun Chinese. “1 mouth, 2 eyes, 4 legs; 2 mouths, 4 eyes, 8 legs ...” How high can you calculate the number of legs?
 6. Practice writing the radical for enter featured in My First Chinese Exercises as well as the character for a pair from the Happy Character stories on Fun Chinese on large graph paper.

