



The Body Playgroup Activities 1-5 years old



Step 1 – Watch, listen & read the lesson

- My First Chinese Words CDRom lesson 13
- Fun Chinese Level I Lesson 13
- My First Chinese Words Audio CD lesson 13
- My First Chinese Words Books “What is in there”

Step 2 – Prepare your supplies

- Crayons
- Glue
- Wiggle eyes
- Yarn for hair
- Butcher size rolled paper or white wrapping paper
- Lunch size paper bags
- Paper plates and or Popsicle sticks
- Construction paper or pre-cut felt shapes



Step 3 – Activities

1. Make an outline of your child on a large roll of butcher paper – decorate the “my body outline” with eyes, a mouth, nose, ears, draw on clothing, shoes, and add yarn hair if you want. Practice talking about each body part and piece of clothing as you add it. Display your child’s life size self-portrait and talk about it each time you pass by.
2. Make people puppets out of paper bags using the bottom of the bag as the mouth. Decorate with hair, hands, feet, legs, and a face. Put on a puppet show featuring the puppet – re-enact the book and “find” each part of the puppet’s body. Another alternative is to make puppets out of Popsicle sticks or paper plates.
3. Hide under a blanket or have your child hide and re-enact the book “finding” the doll.
4. Make a page in your scrapbook to talk about the body. Use pictures from magazines or a photo of your child.
5. Sing a Chinese version of “With my hands I clap clap clap.”
 - 我的两手排排排 Wo3de liang2 shou3 pai1 pai1 pai1
 - 我的两脚跳跳跳 Wo3 de liang2 jiao3 tiao4 tiao4 tiao4
 - 右脚先, 左脚后 You2 jiao3 xian1, zuo2 jiao3 hou1



- 转来转去跳跳舞 zhuān lái zhuān quē tiào tiào wǔ.
 - My 2 hands clap clap clap, my 2 feet jump jump jump, right foot first, left foot next, dance around.
6. Sing the Frog Song from My First Chinese Exercises & Fun Chinese. “1 mouth, 2 eyes, 4 legs; 2 mouths, 4 eyes, 8 legs ...” This is a great song to sing during bath time with your child, especially with frog bath toys.
 7. Practice writing the radical for enter featured in My First Chinese Exercises as well as the character for a pair from the Happy Character stories on Fun Chinese on large graph paper.

